

No Doubt, He's Alive!

Mark 16:1-14

I. *It's True!* – The Facts: The women see the empty tomb and hear the angel (Mark 16:1-8).

- A. The women go to the tomb to anoint Jesus body (16:1-3).
1. They prepared spices to anoint Jesus' body (1).
 2. They realized they couldn't move the stone (2-3).

Why did Christ's followers doubt?

- Did they not pay attention to what Jesus had said (5 times)?
- Did Jesus' promises seem too good to be true?
- Were they focused on their own feelings (fear, doubt, inadequacy) instead of Christ's promises?

- B. The women see the open tomb and the angel (16:4-8).
1. The women find the stone rolled away (4).
 2. The women's are alarmed by the angel (5).
 3. The angel's instructions: Don't be Afraid. Look at the evidence. Go and tell the disciples (6-7).
 4. The women are still alarmed and speechless (8).

II. *It's Hard to Believe* – The Feelings: They don't believe what they hear (Mark 16:9-14).

- A. Mary Magdalene didn't believe until she saw Jesus and the disciples didn't believe her (16:9-11; John 20:11-18).
- B. Two disciples met Jesus on the road and told the others, but they still didn't believe (16:12-13; Luke 24:13-32).
- C. Jesus appeared to the 11 disciples and rebuked them for not believing (16:14; Luke 24:36-43; John 20:19-25).

How can we deal with our doubts?

- Realize spiritual doubt is common. All the disciples, not just Thomas, doubted Jesus' resurrection.
- Consider the causes of spiritual doubts. Fear, pride, guilt, etc.
- Choose to trust God about doubts by accepting the evidence of the resurrection (John 20:29), God's word and His faithfulness.