

Why we need Time with God

(Mark 1:35-39)

I. Refreshed by time with God (Mark 1:35-37)

A. Jesus went early in the morning to a secluded place to be alone with God and pray (1:35).

- We need to find a time and place to be alone with God with as few distractions as possible.

The Purposes of Prayer

1. **To Relate** – To know and enjoy God as our Father (Romans 8:15)
2. **To Refresh** – For real rest and new strength (Matthew 11:28-29)
3. **To Remind** – To remember God is in control (Psalm 11)
4. **To Request** – To ask God for things that glorify Him (John 17)

B. The disciples found him there and were told him about the many people who were looking for Him (1:36-37).

- The more we serve people, the more we must get alone with God.

II. Ready to serve people (Mark 1:38-39)

A. Jesus did not stay in Capernaum just because people wanted Him to (1:38).

B. Jesus moved on to preach and serve elsewhere (1:39).

Priorities – Knowing who to help

1. **Being Selective** – We must pass over the needs of some people to invest time in others.
2. **Listening to God** – We must spend time with God to discern how to spend the rest of our time.
3. **Resisting Selfishness** – The approval of people and my own sense of importance must not determine how or who we serve.