

How to be Happy Psalm 1

- I. The good and godly life (Psalm 1:1-3)
 - A. What the blessed person avoids – He stays away from bad influences.
 - B. What the blessed person pursues – He delight in God’s word.
 - C. What the blessed life is like – A healthy tree
 - Nourished – receiving strength from God
 - Fruitful – a blessing to others
 - Stable – Confident even in hard times
 - Prosperous – Accomplishing God’s purpose
- II. The worthless and wicked life (Psalm 1:4, 5)
 - A. What the wicked are like – Chaff the wind blows away (1:4)
 - The wicked live a selfish and meaningless life.
 - B. How the wicked end up – They are judged and separated from the righteous (1:5)
- III. Choosing the life I want (Psalm 1:6)
 - A. God takes care of the godly (1:6a).
 - B. God judges the wicked (1:6b).