

Reopening your prayer life

Colossians 4:2

- I. *Devoted* – Restart your commitment to pray regularly and fervently (4:2a).
 - Plan times of regular prayer (Acts 2:42; Daniel 6:10).
 - Practice continual spontaneous prayer (1 Thessalonians 5:17).
- II. *Watchful* – Be alert and focused in prayer to realize your need and God’s help (4:2b).
 - Deal with whatever distracts you from prayer (Mark 14:37-38).
 - Focused prayer is essential to spiritual victory (Ephesians 6:18; Hebrews 4:16).
- III. *Thankful* – Be thankful for God’s goodness, regardless of immediate answers (4:2c).
 - Thankful prayer brings us God’s peace as we trust His goodness and control (Philippians 4:6-7).
 - Thankful prayer brings God praise as He acts on our behalf (James 5:13-18; Psalm 66:16-20; 118:21).