

The twin truths of grace and godliness

1 Timothy 4:1-10

- I. Grace – Deceivers will teach the demonic denial of God’s grace and goodness (1 Timothy 4:1-5).
 - A. False teaching is the effort of Satan and demons to destroy what the Bible teaches (4:1).
 - B. Satan can always find hypocrites who will brazenly deceive others (4:2).
 - C. Some false teachers claim it is spiritual to deny yourself good things God gave us (4:3-5).
 - Beware of religious systems forbidding marriage, because marriage is God’s gift.
 - Beware of religious systems forbidding certain foods because God gave us all foods.
 - We know something is truly God’s good gift for us as we confirm it through God’s word and prayer and thank God for it.
- II. Godliness – Spiritual leaders teach sacrifice that brings true godliness (1 Timothy 4:6-10).
 - A. Godly people must nourish themselves on established biblical truth that trains us for true godliness (4:6-7).
 - B. Godly people train to focus on what lasts for eternity, not just this life (4:8).
 - Train spiritually for the future like athletes.
 - C. True godliness requires hard work and trusting God who provided salvation for all (4:9-10).